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Section 1**Gastrointestinal****Indigestion**

BNF Section 1.1.1 Aluminium and magnesium containing antacids

	Quantity
Co-magaldrox SF Suspension 195/220/5 (<i>Maalox</i>)	500ml
Aluminium Hydroxide Liquid	500ml

BNF Section 1.1.3 Other drugs for dyspepsia and gastro-oesophageal reflux disease

	Quantity
<i>Gastrocote</i> Tablets	100
<i>Peptac</i> Liquid	500ml
<i>Gastrocote</i> Liquid	500ml

Infant Colic

BNF Section 1.1.1 Dimeticone alone

	Quantity
Infacol Liquid	50ml

Constipation

BNF Section 1.6.1 Bulk forming laxatives

Ensure adequate fluid intake. Not to be taken immediately before going to bed.

	Quantity
Ispaghula Husk 3.4G/3.5G	30/60

BNF Section 1.6.2 Stimulant laxatives

	Quantity
Bisacodyl 10mg Supps	12
Bisacodyl 5mg Tablets	28
Glycerin 4g Suppositories (Adult)	12
Senna syrup 7.5mg/5ml	100ml
Senna Tabs 7.5mg	30
Docusate capsules, liquid	30, 300ml

BNF Section 1.6.4 Osmotic laxatives

	Quantity
Lactulose Solution	300ml/500ml

Diarrhoea

BNF Section 1.4 Antimotility drugs

In adults and children over 12 years. Maximum strength 2mg, maximum dose 4mg and maximum daily dose 12mg.

	Quantity
Loperamide 2mg Capsules	12

BNF Section 9.2.1.2 Oral rehydration therapy

	Quantity
<i>Dioralyte</i> Oral Powder	6/20
<i>Rehidrat</i> Oral Powder	16/24

Haemorrhoids

BNF Section 1.7.1 Soothing haemorrhoidal preparations

	Quantity
<i>Anusol</i> Cream	23g
<i>Anusol</i> Ointment	25g
<i>Anusol</i> Suppositories	12

BNF Section 1.7.2 Compound haemorrhoidal preparations with corticosteroids

	Quantity
<i>Anusol Plus</i> HC Ointment	15g
<i>Anusol Plus</i> HC Suppositories	12

Mouth Ulcers/Teething

BNF Section 12.3.1 Drugs for oral ulceration and inflammation

	Quantity
Benzydamine 0.15% Mouthwash	300ml
Benzydamine 0.15% Spray	30ml
Chlorehexidine 0.2% Mouthwash	300ml
Choline Salicylate Gel	15g
Hydrocortisone 2.5mg Pellets	20
<i>Adcortyl in Orabase</i>	5g

Oral Thrush

BNF Section 12.3.3 Oropharyngeal Anti-Infective Drugs

	Quantity
Miconazole Oral Gel	15g

Section 2

Respiratory

Hay Fever

BNF Section 3.4.1 Antihistamines

Non sedating antihistamines

The drug on this list can only be supplied as P medicines if supply is to adults and children over 12 years if the maximum daily dose is 10mg.

	Quantity
Cetirizine 10mg Tablets	30
Loratadine Tablets 10mg	30
Loratadine Syrup 5mg/5ml	100ml

Sedating antihistamine

Drowsiness may affect performance of skilled tasks (e.g. driving); sedating effects enhanced by alcohol.

	Quantity
Chlorphenamine 4mg Tablets	30
Chlorphenamine Syrup 2mg/5ml	150ml

BNF Section 11.4.2 Other anti-inflammatory preparations

	Quantity
Sodium Cromoglicate 2% Eye Drops (<i>endorse as Opticrom Allergy</i>)	5ml/10ml

Steroid Nasal Spray

BNF Section 12.2.1 Nasal Allergy

	Quantity
Beclomethasone Nasal Spray	100 or 180 doses

Cough and Nasal Congestion

BNF Section 3.8 Aromatic Inhalations

	Quantity
Menthol Crystals	5g

BNF Section 3.9.1 Cough Suppressants

	Quantity
Pholcodine Linctus 5mg/5ml	200ml
Pholcodine Paediatric SF Linctus	Dispense up to 200ml

BNF Section 3.9.2 Expectorants and demulcent cough preparations

	Quantity
Simple SF Linctus	200ml
Simple Paediatric SF Linctus	Dispense up to 200ml

BNF Section 3.10 Systemic Nasal Decongestants

	Quantity
Pseudoephedrine 30mg/5ml Elixir	100ml
Pseudoephedrine 60mg Tablets	12/24

BNF Section 12.2.2 Topical Nasal decongestants

	Quantity
Xylometazoline 0.1% Nasal Drops	10ml
Xylometazoline 0.1% Nasal Spray	10ml
Xylometazoline 0.05% Paediatric Nasal Drops	10ml

Section 3**Central Nervous System****Pain**

BNF Section 4.7.1 Non Opioid analgesics

	Quantity
Ibuprofen 200mg Tablets (<i>PGD available to cover dispensing from larger pack size</i>)	42
Ibuprofen 400mg Tablets (<i>PGD available to cover dispensing from larger pack size</i>)	42
Ibuprofen SF Suspension 100mg/5ml	150ml
Paracetamol 500mg Tablets (<i>PGD available to cover dispensing from larger pack size</i>)	32
Paracetamol SF 120mg/5ml Suspension	100ml
Paracetamol SF 250mg/5ml Suspension	100ml
Paracetamol Soluble Tablets 120mg	16
Co-Codamol 500/8 Tablets (2 nd line agent after paracetamol)	32

Travel Sickness

BNF Section 4.6 Drugs used in nausea and vertigo

	Quantity
Promethazine 25mg Tablets	56
Promethazine Elixir 5mg/5ml SF	100ml

Section 4

Infection

Fungal Infections

Vaginal Candidiasis

BNF Section 5.2 Antifungal Drugs

Can be sold to the public for vaginal candidiasis in women aged 16-60 years, in a container or packaging containing not more than 150mg and labelled to show a maximum dose of 150mg.

	Quantity
Fluconazole 150mg Capsules (<i>Diflucan One</i>)	1

BNF Section 7.2.2 Anti-infective drugs

	Quantity
Clotrimazole Vaginal Tablets 500mg	1
Clotrimazole 1% Cream	20g
Clotrimazole Vaginal Cream 10%	5g

Athlete's Foot

BNF Section 13.10.2 Antifungal preparations

	Quantity
Clotrimazole 1% Cream	20g
Miconazole 2% Cream	30g
Terbinafine Cream	7.5g
Miconazole Spray Powder (Daktarin)	100g

Viral Infection

Cold Sores

BNF sections 13.10.3 and 13.11.3

	Quantity
Aciclovir 5% Cream	2g

Warts and Verrucae

BNF Section 13.7 Preparations for warts and callouses

	Quantity
<i>Salatac</i> Gel	8g
Occlusal Application	10ml
Cuplex Gel	5g

Parasitic Infection

Threadworms

BNF Section 5.5.1 Drugs for Threadworms

All family members should be treated at the same time, even if they have no symptoms, to prevent reinfection.

	Quantity
Piperazine Oral Powder (<i>Pripsen</i>)	2
Ovex Tablets	1

Head Lice

BNF Section 13.10.4 Parasitocidal Preparations

If a course of treatment (two applications, one week apart) fails to cure, a different insecticide should be used for the next treatment. (Refer to NHS Ayrshire & Arran Head Lice Policy)

	Quantity
Malathion 0.5% Liquid (<i>Debac M</i> , <i>Quelleda M</i>)	50ml/200ml
Malathion 0.5% Lotion (<i>Prioderm</i> , <i>Suleo-M</i>)	50ml/200ml
Permethrin (<i>Lyclear</i>)	59ml
Phenothrin 0.5% Liquid (<i>Full Marks</i>)	50ml/200ml
Phenothrin 0.2% Lotion (<i>Full Marks</i>)	50ml/200ml

Scabies

BNF Section 13.10.4 Parasitocidal Preparation

	Quantity
Permethrin (<i>Lyclear Permal Cream</i>)	30g

Section 5

Urinary Tract Disorders

Alkalinisation of Urine

BNF Section 7.4.3

	Quantity
Potassium Citrate effervescent tablets	12
Potassium Citrate solution	200ml

Section 6

Skin

Acne

BNF Section 13.6.1 Topical Preparations for acne

	Quantity
Benzoyl peroxide 2.5% Aquagel (<i>endorse as Panoxyl</i>)	40g
Benzoyl peroxide 5% Aquagel (<i>endorse as Panoxyl</i>)	40g
Benzoyl peroxide 10% Aquagel (<i>endorse as Panoxyl</i>)	40g

Eczema/Allergy

BNF Section 13.2.1 Emollients

	Quantity
Aqueous Cream	500g
Emulsifying Ointment	500g
Hydrous Ointment	500g
Liquid paraffin and White soft paraffin 50/50	250g
Paraffin White Soft	500g
Paraffin Yellow Soft	500g
Dermamist	250ml
Diprobase	50g/500g

BNF Section 13.2.1.1 Emollient Bath Additives

	Quantity
<i>Oilatum</i> Emollient	250ml/500ml
Balneum	200ml/500ml
Diprobath	500ml
Emulsiderm	300ml
Hydromol	150ml/350ml

BNF Section 13.2.2 Barrier Preparations

	Quantity
Drapolene	100g/200mg
Siopel	50g
Sudocrem	60g/125g
Vasogen	50g/100g
Zinc and Castor Oil	50g/100g

BNF Section 13.3 Topical local anaesthetics and antipruritics

	Quantity
Calamine Lotion	200ml
Eurax Cream	30g/100g
Eurax Lotion	100ml
Calamine Aqueous Cream	100g

BNF Section 13.4 Topical corticosteroids

	Quantity
Hydrocortisone 1% Cream	15g

BNF Section 13.9 Shampoos and scalp preparations

	Quantity
<i>Polytar</i> Liquid	150ml
Capasal Shampoo	250ml
Ketoconazole Shampoo (Seborrhoeic Dermatitis of Scalp)	100ml
Selenium sulphide 2.5% Shampoo(<i>Selsun</i>)	50ml

BNF Section 13.10 Preparations for Boils

	Quantity
Magnesium Sulphate Paste	50g

Section 7**Vitamins**

BNF Section 9.1.2 Drugs used in megaloblastic anaemias

For use by females during pregnancy for a duration of 8 weeks

	Quantity
Folic Acid 400microgram Tablets	90

Section 8 Eyes

BNF Section 11.8.1 Tear deficiency, ocular lubricants and astringents

	Quantity
Hypromellose 0.3% Eye Drops	10ml
<i>Lacri-Lube</i> Eye Ointment	3.5g/5g
Viscotears	10g

BNF Section 11.3.1 Antibacterial Eye Preparations

Covered by Patient Group Directive

	Quantity
Chloramphenicol Eye Drops 0.5% (<i>PGD to dispense</i>)	10ml

Section 9 Ear

BNF Section 12.1.3 Removal of Ear wax

	Quantity
Olive Oil	10ml
<i>Cerumol</i> Ear Drops	11ml

Section 10

Homeopathy

Homeopathic preparations being prescribable under Direct Care, as long as they fit the outline 'Any P or GSL preparation, as long as it is not blacklisted'. We are aware that some local pharmacists have an interest in this area but would re-enforce that you should only prescribe in an area where you have the appropriate knowledge.